

Welcome to Plateau Soccer Club Recreation!

Thank you for joining our Recreation Soccer League! We're excited to have your child as part of our program. Below you'll find all the essential information you need to get started.

Season Details

- **Season Dates:** Start: March 10 to May 17
 - **Practice Days:** Mon (free play) and Thursday (practice) *see FAQ below for our unique Rec Program model
 - **Game Days:** Saturdays (Schedules will be provided)
 - **Location:** Duer Soccer Complex
 - **Age Divisions:** U4-U14
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Player Requirements

- **Uniforms:** Provided by the league; includes jersey, shorts, and socks.
 - **Equipment:**
 - Soccer cleats
 - Shin guards (mandatory)
 - Soccer ball: We provide during practice and games
 - Size 3 (U4-8)
 - Size 4 (U9-12)
 - Size 5 (U13+)
 - Water bottle (labeled with your child's name)
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Parent Responsibilities

- Arrive on time to practices and 30 min early to games.
 - Ensure your child has all required equipment.
 - Encourage good sportsmanship and positive behavior.
 - Communicate promptly with coaches about absences or concerns.
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Key Contacts

- **League Director:** Paul Robinson, 619-838-1999, paul@plateausc.com
 - **Club President:** Justin Cook, 931-397-8810, justin@plateausc.com
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Communication

- **Team App:** Download the stackteam app https://www.teamapp.com/app?_detail=v1 for schedules, updates, and announcements. You can also view the web version of the app here <https://plateausoccerclub.teamapp.com/>
 - **Email Updates:** Check your inbox regularly for league news.
 - **Weather Alerts:** Follow us on FaceBook <https://www.facebook.com/PlateauSC> and check the website <https://www.plateausc.com/> for cancellations or delays.
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Volunteer Opportunities

We need your help to make this season a success! Opportunities include:

- Team Parent
- Snack Coordinator
- Head Coach
- Assistant Coach

You can register to volunteer online.

Code of Conduct

We strive to create a positive environment for all players, parents, and coaches. Please:

1. Encourage all players, not just your own.
 2. Respect referees and coaches.
 3. Refrain from negative or inappropriate language.
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Important Dates

- **Parent Orientation:** March 10, 5 p.m., Duer Soccer Complex
 - **End-of-Season Celebration:** TBD
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FAQs

What is Rec Soccer?

Rec Soccer is designed to allow players to play in an environment focused on fun and participation. Rec soccer allows all players plenty of opportunity to develop and grow, as players will roughly play even amounts of time.

Do you offer a family discount?

Yes. The 2nd registered player will be discounted \$25, the 3rd player will be discounted \$35, and the 4th player will be discounted \$40 with a \$200 per family max for our Rec Soccer Program.

What makes Plateau Soccer Club's Rec Program different from others?

Plateau has a unique rec program offering, where players practice with their coach and team on Thursdays, but also practice on Monday in a supervised "free play" environment. Particularly at the rec level, "free play" is a proven method of developing a love of the sport, as well as developing decision making, and skill development. This is done in a safe, supervised environment, where players can learn naturally.

Claudio Reyna - *"The best teacher of the game is the game itself. Kids need to play freely, with passion and joy, to truly learn and love soccer."*

What if my child can't make it to a practice or game?

Please inform the coach as soon as possible.

Are snacks required?

Snack schedules will be coordinated by the Team Parent. Participation is optional.

What happens in bad weather?

Decisions will be made by 3 p.m. for practices, and as early as reasonable for game days. Check FB and the website for updates.

We're looking forward to a fantastic season! Thank you for your support and enthusiasm.

For any additional questions, contact us at 931-397-8810.